


LA ROCHE UNIVERSITY
2023 DISTINGUISHED ALUMNI CIRCLE AWARD RECIPIENT



Sarah Sakaluk '07, '09, RN, MSN
Unit Director/Nurse Leader
UPMC

As a Unit Director/Nurse Leader for UPMC, Sarah Sakaluk '07, '09 has direct oversight of more than 70 employees and additional travel staff. In this role she ensures the day-to-day processes and functions of a 34-plus bed department are met through leadership, visibility and accountability. She maintains the department's budget, focuses on staff recruitment and retention, and oversees quality and patient safety efforts to enhance patient experience. Mrs. Sakaluk also is the coordinator for UPMC's Graduate Nurse Rotational Program.

Previously she worked as a Unit Director for Resource and Nursing Support, and 4 South Progressive Care. Additionally she was an Outpatient Nurse Coordinator and Clinician.

"Throughout my years in nursing, I have achieved a lot of growth within my current organization, specifically in leadership," she said. "I have developed a passion for not only helping patients, but for helping staff with their own professional growth and development."

In 2018 Mrs. Sakaluk was the recipient of a Cameos of Caring® Award, an honor recognizing exceptional bedside nurses who work at acute care hospitals.

Her volunteer experience includes service to the following organizations: the American Association of Critical Care Nurses, South Western Pennsylvania Organization of Nurse Leaders, Pennsylvania State Nurses Association and American Nurse Association.

Mrs. Sakaluk earned her undergraduate degrees in nursing from La Roche University, and a Master of Science in Nursing Education and Administration from Waynesburg University. Her professional licenses include Progressive Critical Care Nurse, Board Certified Nurse Executive, and Certified Nurse Manager and Leader.

