

La Roche College  
**ATHLETIC TRAINING PROGRAM GUIDE**  
DEGREE: Bachelor of Science    Department: Health Science (Duquesne University)

Student Name \_\_\_\_\_  
I.D. Number \_\_\_\_\_

\_\_\_\_ First Year Student  
\_\_\_\_ Change of Major

\_\_\_\_ Transfer  
\_\_\_\_ Readmit

Unofficial Eval Completed by/date: \_\_\_\_\_

This is the **unofficial evaluation** of your credits to date including transfer credits (if applicable) in your chosen major. ***This evaluation is official when all official transcripts for all previous college work are received; and reviewed and approved for transferability by the Registrar's Office.*** Beginning with your first semester of enrollment, your Degree Audit Report in My.LaRoche will automatically track your progress toward your degree, and guide you in planning future class schedules. Review your updated Degree Audit Report with your advisor prior to registering each semester.

**PURPOSE:** Athletic Training is an allied health profession that was recognized by the American Medical Association in 1991. Certified Athletic Trainers, under the supervision of a licensed physician, provide care for athletes and those who are physically active within six areas of clinical practice: prevention; immediate care; clinical evaluation and diagnosis; treatment; rehabilitation and reconditioning; organization and administration; and professional responsibility. Athletic Trainers are specialists in the area of sports medicine; sports medicine is a general term that refers to a very broad scope of care and services that are necessary to maintain the overall health and performance of those who are physically active or who participate in sports. For additional information on the athletic training profession, visit the website of the National Athletic Trainers' Association at [www.nata.org](http://www.nata.org)

**THE LA ROCHE COLLEGE/ DUQUESNE UNIVERSITY ATHLETIC TRAINING PROGRAM:** Admission in to the Athletic Training Program at the freshman level will require a minimum high school QPA of 2.75 (including 4 units in English; 1 unit in social studies or language; 7 units in mathematics and science; and 4 elective units), a SAT score of at least 1100 (math + critical reading) or a composite ACT of at least 24, evidence of extracurricular activities during high school and have the ability to meet all of the medical and performance/technical standards of the program.

Students in this program complete the first two years, called the pre-professional phase, at La Roche College. Students are required to maintain a 3.0 cumulative QPA, and a 3.0 QPA in science/mathematics courses, with no course grade below a C. All science and mathematics courses during the pre-professional phase must be taken at La Roche College. The progress of each student will be reviewed at the end of each year by a La Roche Pre-Professional Committee, consisting of select full-time science faculty at La Roche College. Each candidate must be recommended by the Pre-Professional Committee for advancement to the Professional Phase before s/he can apply for transfer admission to Duquesne University.

Students accepted into the Professional Phase complete two years of full-time study at Duquesne University. Upon successful completion of the fourth year, students will be awarded a Bachelor of Science in Athletic Training from Duquesne University. For additional information, visit the Duquesne University website at [www.healthscience.duq.edu/at/athome.html](http://www.healthscience.duq.edu/at/athome.html).

**REQUIREMENTS:** To successfully complete the Athletic Training major, the following coursework is required:

- 32 credits of Science and Mathematics courses
  - 5 credits of Health Science courses (taken at Duquesne University)
  - 30 credits of Additional courses
  - A minimum number of 67 credits are required prior to advancing to the Professional Phase. (Developmental course work does not count toward the minimum number of required credits for graduation.)
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## I. Admissions Criteria for Duquesne program

Criteria	Minimum	Student Score
High School GPA	2.75	
High School Coursework	4 Units of English 1 Unit in Social Studies or Foreign Language 7 Units in Math and Science 4 Electives	
SAT (math & critical reading)	1100	
ACT (composite)	24	
Completion of FBI Clearance, Child Abuse and Criminal Record Check		

Candidates will be reviewed at the end of Year I. Those candidates not maintaining a QPA of 2.75 will not be allowed to continue in the LRC/Duquesne Athletic Training program but will be able to continue at LRC to earn BA Health Science degree. Only top 5 candidates as determined by a Faculty Pre-professional Health Committee will be approved to transition to Duquesne for the professional phase of the program.

Year I approval: \_\_\_\_\_ [Upon approval, candidate may apply to Duquesne]  
(Health Science program coordinator/date)

## II. Science & Mathematics Courses: 32 credits

Semester	LRC Course #	LRC Course Title	Credit	Equivalent Duquesne course
	BIOL1003	General Biology I	3	111: Biology I
	BIOL1005	General Biology I Lab	1	111L: Biology I Lab
	BIOL1020	Medical Terminology	3	122: Etymology of scientific terms
	BIOL1023/L	Human Anatomy & Physiology I with Lab	4	207/208: Anatomy & Physiology I with Lab
	BIOL1024/L	Human Anatomy & Physiology II with Lab	4	209/210: Anatomy & Physiology II with Lab
	CHEM1007	Principles of Chemistry I	3	131: Fundamentals of Chemistry I
	CHEM1008	Principles of Chemistry I Lab	1	131L: Fundamentals of Chemistry I Lab
	PHYS1010/L	Physics for Health Science/Lab	4	201/L: Physics for Life Science I
	MATH1010	College Algebra	3	Recommended prereq for MATH1040
	MATH1040 Or MATH1004	Probability and Statistics Statistics in Health Care	3	225: Intro to Biostatistics
	SLSC1005/12	Introduction to Computer Science	3	100: Elements of Computer Science

Student must earn a "B" or better in all Science courses above.

### III. Health Science Course: 5 credits

Semester	Course #	Course Title	Credits	Grade	Comments
	ATHT201	Essential Concepts in AT	3		
	ATHT201L	Essential Concepts in AT Lab	0		
	ATHT202	Essential Concepts in AT II	2		
	ATHT202L	Essential Concepts in AT II Lab	0		

Student must earn a "B" or better in ATHT201 and 202 and a passing grade in ATHT201L and 202L

### IV. Additional Courses: 30 credits

Semester	LRC Course #	LRC Course Title	Credit	Equivalent Duquesne course
	ENGL1011	College Writing I	3	Thinking and Writing Across the Curriculum
	ENGL1012	College Writing II	3	Imaginative Literature & Creative Writing
	PHIL1021	Introduction to Philosophy	3	132: Basic Philosophical Questions
	PHIL3027	Biomedical Ethics	3	254: Health Care Ethics: Philosophy
	PSYC1021	Introduction to Psychology	3	103: Introduction to Psychology
			3	Theology Core Course
			3	Creative Arts Core Course
			3	Global Diversity Core Course
			3	Social Justice Core Course
	xxxxxxxxxxx	Faith and Reason Core – this course MUST be done at Duquesne University during Year I	3	

A QPA of 2.75 is required for all courses, and no grade may be lower than C.

### Menu of La Roche Courses Which Fulfill Duquesne University Core Curriculum Requirements

Theology: Any religion-based select religion course  
Creative Arts: Any select aesthetic course  
Global Diversity: Any non-us modern history course  
Social Justice: Any select social or political science course.

### PROPOSED COURSE SEQUENCE AT LA ROCHE COLLEGE

#### YEAR I

<u>Fall Semester</u>	<u>Credits</u>	<u>Spring Semester</u>	<u>Credits</u>
___BIOL1003 General Biology I	3	___BIOL1020 Medical Terminology	3
___BIOL1005 General Biology Lab I	1	___BIOL1023/L Human Anatomy & Physiology I & Lab	4
___CHEM1007 Principles of Chemistry I	3	___ENGL1012 College Writing II	3
___CHEM1008 Principles of Chemistry Lab I	1	___MATH1040 Probability & Statistics	3
___ENGL1011 College Writing I	3	1004 Statistics in Health Care	
___MATH1010 College Algebra	3	FAITH AND REASON CORE	3
	14		16

#### Summer Semester

___BIOL1024/L Human Anatomy & Physiology II & Lab	4 cr
_____ Theology Core	3 cr

#### YEAR II

<u>Fall Semester</u>	<u>Credits</u>	<u>Spring Semester</u>	<u>Credits</u>
___ATHT201/L ESSENTIAL CONCEPTS IN AT & LAB	3	___ATHT202/L PRE-PROFESSIONAL PRACTICUM IN AT	2
___SLSC1005/1012 Introduction to Computer Science	3	___PHYS1010/L Physics for Health Science & Lab	4
___PSYC1021 Introduction to Psychology	3	___PHIL3027 Biomedical Ethics	3
___PHIL1021 Introduction to Philosophy	3	_____ Social Justice Core	3
_____ Creative Arts Core	3	_____ Global Diversity Core	3
	15		15

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