

**La Roche University****CLINICAL MENTAL HEALTH COUNSELING PROGRAM GUIDE**

DEGREE: M.S.

Division: Education &amp; Nursing

Department: Clinical Mental Health Counseling

**Student Name** \_\_\_\_\_**I.D. Number** \_\_\_\_\_

Beginning with your first semester of enrollment, your Advising Worksheet Report in My.LaRoche will automatically track your progress toward your degree, and guide you in planning future class schedules. Review your updated Advising Worksheet Report with your advisor prior to registering each semester.

**PROGRAM DESCRIPTION:** The program is offered full-time in a two-year cycle or part-time in a four-year cycle which is typically 2 courses per semester determined by course offerings.. The CMHC program at La Roche prepares students to address complicated issues of social justice and healthy mental functioning with an approach that combines theory, technique, and practical experiences. This program prepares students to sit for the National Counselor Exam (NCE).

**REQUIREMENTS:** To successfully complete the M.S. Clinical Mental Health Counseling degree, the following coursework is required:

- 60 credits embedded with at least 700 hours of clinical practice

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	<u>Credits</u>	<u>Comments</u>
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**CLINICAL MENTAL HEALTH COUNSELING: 60 CREDITS****FALL SEMESTER**

<input type="checkbox"/> CMHC5000 Foundations of Clinical Mental Health Counseling	3	_____
<input type="checkbox"/> CMHC5010 Counseling Across Diverse Cultures	3	_____
<input type="checkbox"/> CMHC5020 Social Systems in Counseling	3	_____
<input type="checkbox"/> CMHC5030 Ethical, Legal, and Professional Practices in Counseling	3	_____

**SPRING SEMESTER**

<input type="checkbox"/> CMHC5040 Counseling Across the Lifespan	3	_____
<input type="checkbox"/> CMHC5050 Group Counseling Theory, Techniques, and Lab	3	_____
<input type="checkbox"/> CMHC5060 Marriage, Couples, Families Counseling and Therapy	3	_____

**SUMMER SEMESTER**

<input type="checkbox"/> CMHC5070 Counseling Theories and Therapeutic Techniques	3	_____
<input type="checkbox"/> CMHC5080 Research Methods, Design and Statistics	3	_____
<input type="checkbox"/> CMHC5090 Psychotherapeutic Aspects of Human Sexuality	3	_____
<input type="checkbox"/> CMHC6000 Career Counseling and Vocational Development	3	_____

**FALL SEMESTER**

<input type="checkbox"/> CMHC6010 Counseling Practicum	3	_____
<input type="checkbox"/> CMHC6020 Diagnosis and Treatment Planning	3	_____
<input type="checkbox"/> CMHC6030 Clinical Supervision in Counseling	3	_____

**SPRING SEMESTER**

<input type="checkbox"/> CMHC6040 Counseling Internship I	3	_____
<input type="checkbox"/> CMHC6050 Child and Adolescent Counseling	3	_____
<input type="checkbox"/> CMHC6060 Psychological Testing	3	_____

**SUMMER SEMESTER**

<input type="checkbox"/>	CMHC6070 Counseling Internship II	3	_____
<input type="checkbox"/>	CMHC6080 Crisis, Trauma and Disaster Counseling	3	_____
<input type="checkbox"/>	CMHC6090 Addictions Counseling	3	_____

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	<u>TOTAL</u>	<u>Completed</u>	<u>Need</u>	<u>COMMENTS:</u>
MS in CMHC	60	_____	_____	_____