

La Roche University
CLINICAL MENTAL HEALTH COUNSELING PROGRAM GUIDE
DEGREE: M.S.
Division: Education & Nursing
Department: Clinical Mental Health Counseling
Student Name _____

I.D. Number _____

Beginning with your first semester of enrollment, your Advising Worksheet Report in My.LaRoche will automatically track your progress toward your degree, and guide you in planning future class schedules. Review your updated Advising Worksheet Report with your advisor prior to registering each semester.

PROGRAM DESCRIPTION: The program is offered full-time in a two-year cycle or part-time in a four-year cycle which is typically 2 courses per semester determined by course offerings.. The CMHC program at La Roche prepares students to address complicated issues of social justice and healthy mental functioning with an approach that combines theory, technique, and practical experiences. This program prepares students to sit for the National Counselor Exam (NCE).

REQUIREMENTS: To successfully complete the M.S. Clinical Mental Health Counseling degree, the following coursework is required:

- 60 credits embedded with at least 700 hours of clinical practice

	<u>Credits</u>	<u>Comments</u>
<u>CLINICAL MENTAL HEALTH COUNSELING: 60 CREDITS</u>		
<u>FALL SEMESTER</u>		
_____ CMHC5000 Foundations of Clinical Mental Health Counseling	3	_____
_____ CMHC5010 Counseling Across Diverse Cultures	3	_____
_____ CMHC5020 Social Systems in Counseling	3	_____
_____ CMHC5030 Ethical, Legal, and Professional Practices in Counseling	3	_____
<u>SPRING SEMESTER</u>		
_____ CMHC5040 Counseling Across the Lifespan	3	_____
_____ CMHC5050 Group Counseling Theory, Techniques, and Lab	3	_____
_____ CMHC5060 Marriage, Couples, Families Counseling and Therapy	3	_____
<u>SUMMER SEMESTER</u>		
_____ CMHC5070 Counseling Theories and Therapeutic Techniques	3	_____
_____ CMHC5080 Research Methods, Design and Statistics	3	_____
_____ CMHC5090 Psychotherapeutic Aspects of Human Sexuality	3	_____
_____ CMHC6000 Career Counseling and Vocational Development	3	_____
<u>FALL SEMESTER</u>		
_____ CMHC6010 Counseling Practicum	3	_____
_____ CMHC6020 Diagnosis and Treatment Planning	3	_____
_____ CMHC6030 Clinical Supervision in Counseling	3	_____
<u>SPRING SEMESTER</u>		
_____ CMHC6040 Counseling Internship I	3	_____
_____ CMHC6050 Child and Adolescent Counseling	3	_____
_____ CMHC6060 Psychological Testing	3	_____

SUMMER SEMESTER

_____ CMHC6070 Counseling Internship II	3	_____
_____ CMHC6080 Crisis, Trauma and Disaster Counseling	3	_____
_____ CMHC6090 Addictions Counseling	3	_____

	<u>TOTAL</u>	<u>Completed</u>	<u>Need</u>	<u>COMMENTS:</u>
MS in CMHC	60	_____	_____	_____