

University Update Regarding COVID-19 (Coronavirus) as of March 4, 2020

Restricted Travel

Following the advice of the U.S. State Department and the CDC, in addition to China and South Korea, La Roche has placed Italy and Iran on the restricted list for University-affiliated international travel for students, faculty and staff. The University continues to monitor [CDC travel health notices](#) for any changes.

Symptoms and Self-Isolation

Reported illnesses have ranged from mild symptoms to severe illness for confirmed COVID-19 cases. Symptoms may appear 2-14 days after exposure and may include fever, cough, and shortness of breath.

Any La Roche student or employee returning to the U.S. from a destination with a CDC travel health notice of level 3 or higher must self-isolate for 14 days prior to returning to campus. The 14-day period starts the day of departure from the level 3 area.

Individuals, including resident students, must return to their homes or similarly suitable locations as a protective measure for themselves and others. Self-isolation means you should avoid contact with other people. You should not attend class, worksites, laboratories, study groups, or events and activities on- or off-campus until the 14-day period following departure from an affected area has ended and you are symptom-free.

For those not able to self-isolate at home, please contact the Residence Life office at 412-536-1195 and they will assist in making living arrangements for you off campus.

Students returning from the La Roche in Rome program are aware they must self-isolate for 14 days prior to returning to campus.

Ireland SA+SUSA Trip

At this time the CDC has not issued a travel health notice for Ireland. The trip remains as scheduled during spring break. If the CDC issues a level 3 travel health notice for Ireland during the trip, arrangements will be made for students and employees to return to the U.S. immediately. Those students and employees must self-isolate for 14 days prior to returning to campus.

Spring Break

The CDC has issued current travel notices for six destinations:

- China: Level 3 (Avoid Nonessential Travel)
- South Korea: Level 3 (Avoid Nonessential Travel)

- Italy: Level 3 (Avoid Nonessential Travel)
- Iran: Level 3 (Avoid Nonessential Travel)
- Japan: Level 2 (Practice Enhanced Precautions)
- Hong Kong: Level 1 (Practice Usual Precautions)

Level 3 destinations are on the restricted list for University-affiliated international travel for students, faculty and staff. If you visit another country over spring break that becomes a level 3 or higher while you are there, you will be required to self-isolate for 14 days prior to returning to campus.

The University will continue to update the campus community as new and relevant information or policy developments arise.